

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**:
Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Star Gregory	
Arrival date	02 Apr 23	
Departure date	07 Apr 23	
Number of participants	2 adults	
Quotation reference	BKFI102136	

DESTINATIONS

Arenal Volcano		
Manuel Antonio Beach		
San Jose, The Capital		





DETAILED ITINERARY

Day 1, 02 Apr 23

Private Transfer from San Jose to Arenal / Private

Travel time: 3 hours and 15 minutes.



Arena	I Vol	lcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers.** Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Los Lagos Hotel Spa & Resort / Superior Room / Breakfast included / 4 Stars In: 02 Apr 2023 Out: 04 Apr 2023 (2 Night/s)







Day 2, 03 Apr 23



Arenal Volcano Walking Tour / Regular

The trails in **Arenal National Park** and other nearby **Arenal Reserves** are generally flat and not very strenuous, perfect for a leisurely and informative guided walk with a professional nature guide. You will hike through well-groomed, **easy trails** that skirt the base of the Arenal Volcano and Lake Arenal Area. This part of the Arenal Volcano had sections that were devastated by **the lava flow of 1968**, so some areas have very little vegetation.

This guided walk provides **perfect photo opportunities** and **magnificent views** of the impressive Arenal Volcano, the pristine Lake Arenal and the extinct volcano Cerro Chato. There are parts of each trail that has forested areas where your nature guide will try to spot **birds**, **monkeys and other animals** in their natural habitat.





La Fortuna Waterfall Hike & Swim / Regular

You will love the **hike down** to this waterfall near the town of La Fortuna because you can see all of **the natural beauty of the rainforest** as well as the birds and wildlife that live there. Once you arrive at the **La Fortuna Waterfall**, prepare to be blown away by the beauty of this impressive waterfall! You will also be able to swim and take amazing photos!

Get ready because there are 500 steps to get down to the waterfall and of course 500 steps to get back up. Many people take breaks on their way to soak up **the lush rainforest**, **tropical birds** and variety of wildlife that you may be lucky enough to see. When you reach the bottom, you will be blown away by the beauty of **this towering waterfall** and have plenty of opportunities to relax on the rocks and admire the views. You can also **take a swim** in the cool, refreshing clear-water pools along the left-hand side of the waterfall.

You can rinse off in the showers and change into dry clothes and take part in a delicious tropical fruit snack with your guide.









Day 3, 04 Apr 23

Shuttle Transfer from Arenal to Manuel Antonio Beach / Shuttle Service Travel time: 5 hours and 30 minutes.



Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.





Hotel Playa Espadilla / Standard Room / Breakfast included / 3 Stars In: 04 Apr 2023 Out: 06 Apr 2023 (2 Night/s)

Day 5, 06 Apr 23

Shuttle Transfer from Manuel Antonio to San Jose / Shuttle Service Travel time: 4 hours and 30 minutes.



Sail Jose			
Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater**, the **National Museum**, and the **Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.









Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included / 4 Stars In: 06 Apr 2023 Out: 07 Apr 2023 (1 Night/s)

Day 6, 07 Apr 23

Private Transfer OUT from Hotel to Airport / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



PRICE

Total Price \$ 2,252.00

General Details of the Price

Price is the grand total for 2 people and in U.S. dollars.

These rates apply for traveling from 02 Apr 23 to 07 Apr 23.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

INCLUSIONS

LODGING:

2 night/s lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort.(Breakfast included)
2 night/s lodging in Manuel Antonio Beach. Hotel Playa Espadilla.(Breakfast included)
1 night/s lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer from San Jose to Arenal Shuttle Transfer from Arenal to Manuel Antonio Beach Shuttle Transfer from Manuel Antonio to San Jose Private Transfer OUT from Hotel to Airport

ACTIVITIES & MEALS:

Arenal Volcano Walking Tour in Arenal Volcano La Fortuna Waterfall Hike & Swim in Arenal Volcano

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.







LODGING DETAILS

Date In: 02 Apr 23 Date Out: 04 Apr 23

Los Lagos Hotel Spa & Resort

Superior Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**. The rooms of the Hotel Los Lagos Spa & Resort are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**.

The hotel offers many activities onsite, from canopy tours, to visits to **frog**, **butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.



Date In: 04 Apr 23 Date Out: 06 Apr 23

Hotel Playa Espadilla

Standard Room with Breakfast included

Just a 1-minute walk from **Espadilla Beach** in Quepos, this hotel features an **outdoor swimming pool** and a tour desk. Hotel Playa Espadilla also has **tennis courts**. Each **air-conditioned** room at this property features a cable TV and a private bathroom with a shower and toilet. Manuel Antonio Park is just 200 meters from the property.





Date In: 06 Apr 23 Date Out: 07 Apr 23

Park Inn by Radisson San Jose Hotel

Standard Room with Breakfast included

The rooms at Park Inn San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV. The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website: https://www.greenworldadventures.com/terms/

