



# Costa Rica

**Traveler: Sofia Hviding x2**

Date In: 05 Feb 24  
Date Out: 19 Feb 24



Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Sofia Hviding x2
Arrival date	05 Feb 24
Departure date	19 Feb 24
Number of participants	2 adults
Quotation reference	BKFI103170

## DESTINATIONS

San Jose, The Capital
Pacuare River
Arenal Volcano
Monteverde Cloud Forest



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## DETAILED ITINERARY

Day 1, 05 Feb 24



Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



Grano de Oro Hotel / Standard Room / Breakfast included

In: 05 Feb 2024 Out: 06 Feb 2024 (1 Night)



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Day 2, 06 Feb 24



### Pacuare River

Elevation	230 m / 755 f	Temperature	27 C / 80 F
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The Pacuare River, or the Río Pacuare, flows approximately 108 kilometers (67 mi) to the Caribbean. It is a popular location for **whitewater rafting**, whitewater kayaking, and river boarding. The **rainforests** that surround the river are home to exotic animal species such as **jaguars, monkeys, ocelots**, and a very large number of birds. Also, it was considered one of the **5 nicest rivers to practice rafting**.



Pacuare Lodge / Linda Vista Villa (IN/OUT Raft) / Full board

In: 06 Feb 2024 Out: 08 Feb 2024 (2 Nights)



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### 3 Days in Pacuare Lodge

Once you are ready to start the adventure, the expert guides will proceed with the safety talk, technical instructions, and you will have the chance to practice paddling on calm water. From there you will explore the stunning river rapids and enjoy the majestic scenery among you; today you will relish the river for about 1.5 hours until you reach the amazing Lodge immersed in the dense rainforest. A representative will pick you up early today and take you to the area of Siquirres on the Caribbean slopes. On the way, you will enjoy a delicious typical breakfast.

Upon arrival at the lodge, you can have lunch, the afternoon is free to rest on the comfortable suite, explore the hotel private trails or swim on the natural river pools.

#### Day 3, 07 Feb 24

This day you will enjoy the peaceful hotel in the middle of the forest. You can enjoy the facilities of the hotel and become one with nature.

The hotel has different activities included for you. You can get more information about these tours at the hotel. You can choose any of the following tours:

**Pacuare Canopy:** Most of the action in the rainforest happens not at ground level, but in the treetops. That's why the canopy adventure is perfect for thrill-seekers and nature lovers alike.

**Canyoning Tesorito Creek experience:** You'll rappel down shorter walls – between 2 and 20 meters (6 to 65 feet) – before undertaking the thrilling rappel down a 30-meter (90-foot) cliff.

**Cabecar Indigenous Hike:** The Talamanca Mountains are host to the Cabécar indigenous group and one that retains many of its traditional customs and beliefs. The trek to visit these family clans is challenging due to the difficult conditions of the trails; nevertheless, the trail offers a wonderful opportunity to discover many secrets of the forest.

**Early Birdwatching walk:** Costa Rica is a birder's paradise. Because of our position between North and South America, we receive migrating species from both sides of the continent. Costa Rica is home to some 850 species of birds, of which 630 are residents. There is ample opportunity to see exotic species every time you go out your front door.

**Rural experience:** Close to the Pacuare Lodge, on the far bank of the river, there is a small village called Bajo del Tigre. Together with your naturalist guide, you will explore the river basin and rainforest by foot and visit the community of Bajo del Tigre, a small farming community that produces spices, roots, tubers, and more.

**Sustainable tour:** Experience a behind-the-scenes tour of the hotel facilities. Learn more about the concept, history, and actions that have been taken to minimize impacts on the environment while supporting conservation and providing benefits for nearby communities.



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## Day 4, 08 Feb 24

Because there is not a better way to get out of this jungle paradise than riding a wild river for 2 hours, surrounded by magnificent scenery and accompanied by the best tour-guides who will make sure you have a lifetime experience in the Tropics.

This is without a doubt the most exciting activity you can do in the rainforest and takes place in one of the most beautiful rivers in the world. White water rafting in the Pacuare River will remind you the first time you ride a bike without help, or the first kiss... here you will forget about everything to focus on nature and enjoyment. Along the ride you will face exhilarating rapids that will keep you alert, some of these are Upper and Lower Huacas, Cimarron, and Dos Montañas. High waterfalls on the river banks make think this place came out from Jurassic Park or other Holywood movie, your mind flies while you paddle river down and try to stay in the raft. One half of the river is conquered, the guides will prepare a picnic lunch on the banks of the river; recharge energy with a delicious meal and enjoy the last part of this water adventure.

You will continue traveling to your next destinations.



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Day 4, 08 Feb 24



Private Transfer from Guapiles to Arenal



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



The Royal Corin Thermal Water Spa & Resort / Deluxe / Breakfast included  
In: 08 Feb 2024 Out: 12 Feb 2024 (4 Nights)



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Day 5, 09 Feb 24



### Arenal Volcano Walking Tour

The trails in **Arenal National Park** and other nearby **Arenal Reserves** are generally flat and not very strenuous, perfect for a leisurely and informative guided walk with a professional nature guide. You will hike through well-groomed, **easy trails** that skirt the base of the Arenal Volcano and Lake Arenal Area. This part of the Arenal Volcano had sections that were devastated by **the lava flow of 1968**, so some areas have very little vegetation.

This guided walk provides **perfect photo opportunities** and **magnificent views** of the impressive Arenal Volcano, the pristine Lake Arenal and the extinct volcano Cerro Chato. There are parts of each trail that has forested areas where your nature guide will try to spot **birds, monkeys and other animals** in their natural habitat.



### Lake Arenal Kayaking

Bring your camera because this **2.5-hour paddle** across **Central America's second-largest lake** gives you the best views of the behemoth Arenal Volcano and Costa Rican wildlife! Enjoy a pleasant time **kayaking on Lake Arenal** with breathtaking views of the **Arenal Volcano** and during your trip, you may observe different species of birds like the "Flycatcher," "Kingfisher," "Great Blue Heron" and "Anhinga" and may also possibly hear and see Howler monkeys up in **the rainforest trees** that surround the lake! **The view is spectacular** with the lake on one side of you, and the majestic Arenal Volcano and amazing lush rainforest on the other.



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## Day 6, 10 Feb 24



### Jungle Safari Float on Sarapiquí River / Lunch included

Come see the abundance of nature and wildlife that Costa Rica has to offer! This Costa Rica Safari Float is a smooth, two-hour paddle down the quiet, lower section of the Sarapiquí River and great for nature lovers of all ages especially children and their parents! Your bilingual nature guide will paddle and steer your boat as you float down the river and point out all of the exotic wildlife such as **birds, frogs, insects, and monkeys** in the Costa Rica rainforest!

Your eagle-eyed guide will show off Costa Rica's amazing wildlife as he points out a wide array of plant and animal species. You'll float next to the Mesoamerican Biological Corridor (San Juan La Selva Biological Corridor) where there is a good possibility of seeing **sloths, howler monkeys, lizards, and even black river otters.**

For those who want to be even closer to nature, you will have the chance to get out of the raft and into the river and refresh yourself as we go down the river.



## Day 7, 11 Feb 24

### Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.



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Day 8, 12 Feb 24



Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls, jump into pools, zip down guided rappels, downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch.**



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Private Transportation from Arenal to Monteverde



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



Koora Monteverde Boutique Hotel & Spa / Junior Suite / Breakfast included  
In: 12 Feb 2024 Out: 14 Feb 2024 (2 Nights)



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Day 9, 13 Feb 24



### Hanging Bridges, Guided Walking Tour

A bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**. The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



### Coffee, Chocolate & Sugar Cane Tour (Monteverde) / Private Tour, Transportation included

The coffee tour takes participants on a journey through history. You will learn **the importance of coffee** in Costa Rica's past and current economy. You will walk through **the farm and factory** to see how the bean becomes the rich dark liquid that Costa Ricans love.

The famous **chocolate tour** is next. You will smell and taste different types of chocolate as your guide explains the cultural history behind the treat. The guide will also walk you through how the plant goes from seed to **pure ground cocoa**.



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Day 10, 14 Feb 24



Private Transfer from Monteverde to Manuel Antonio Beach



### Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



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## Day 14, 18 Feb 24

 Private Transfer from Manuel Antonio to San Jose

 Sleep Inn Hotel Paseo Las Damas / Standard Room / Breakfast included  
In: 18 Feb 2024 Out: 19 Feb 2024 (1 Night)

## Day 15, 19 Feb 24

 Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.

## PRICE

Price per person	\$ 5,827.50
Total Price	\$ 11,655.00

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 05 Feb 24 to 19 Feb 24.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.



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## INCLUSIONS

### **LODGING:**

- 1 night lodging in San Jose, The Capital. Grano de Oro Hotel. (Breakfast included)
- 2 nights lodging in Pacuare River. Pacuare Lodge. (Full board)
- 4 nights lodging in Arenal Volcano. The Royal Corin Thermal Water Spa & Resort. (Breakfast included)
- 2 nights lodging in Monteverde Cloud Forest. Koorá Monteverde Boutique Hotel & Spa. (Breakfast included)
- 1 night lodging in San Jose, The Capital. Sleep Inn Hotel Paseo Las Damas. (Breakfast included)

### **TRANSPORTATION & GUIDE SERVICES:**

- Private Transfer IN from Airport to Hotel
- Transportation from San Jose to Pacuare provided by the hotel.
- Private Transfer from Guapiles to Arenal
- Private Transportation from Arenal to Monteverde
- Private Transfer from Monteverde to Manuel Antonio Beach
- Private Transfer from Manuel Antonio to San Jose
- Private Transfer OUT from Hotel to Airport

### **ACTIVITIES & MEALS:**

- Arenal Volcano Walking Tour in Arenal Volcano
- Lake Arenal Kayaking in Arenal Volcano
- Jungle Safari Float on Sarapiquí River
- Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano
- Hanging Bridges, Guided Walking Tour in Monteverde Cloud Forest
- Coffee, Chocolate & Sugar Cane Tour (Private Tour, Transportation included) in Monteverde Cloud Forest

### **OTHER:**

- VAT
- 24/7 professional logistics support during your trip in Costa Rica.



## LODGING DETAILS

Date In: 05 Feb 24

Date Out: 06 Feb 24

### Grano de Oro Hotel

Standard Room with Breakfast included

This luxurious hotel is located in **San Jose City Centre** and features an **on-site gourmet restaurant**, free parking and free Wi-Fi. Each air-conditioned room features beautiful **wood décor**, vaulted ceilings and a flat-screen TV with cable channels. They also boast free toiletries, plush linens and a coffee maker. Many of San Jose's main sights are within a **10-minute walk** of the property. Juan Santamaria International Airport is a 20-minute drive away.



Date In: 06 Feb 24

Date Out: 08 Feb 24

### Pacuare Lodge

Linda Vista Villa (IN/OUT Raft) with Full board

Pacuare Lodge is a **luxury, eco-hotel** and situated on the banks of one of the world's most scenic, white-water wonders, the **Pacuare River**. This unparalleled location, with its vibrant nature, offers a scenic backdrop to adventure, romance and wellness.

Simple, and yet sophisticated, the **indigenous Cabecar-inspired** architecture, pristine **rainforest**, **farm-to-table** exquisite cuisine, and **luxurious**, well-appointed accommodations come together to offer an experience like no other.



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Date In: 08 Feb 24

Date Out: 12 Feb 24

## The Royal Corin Thermal Water Spa & Resort

Deluxe with Breakfast included

Offering amazing views of **Arenal National Park and volcano**, Royal Corin Resort & Loto Spa features an outdoor swimming pool and spa. Its **luxurious rooms** overlook attractive gardens and water features.

Each air-conditioned room at the Royal Corin Resort is decorated in light tones and has a balcony offering views of the park and volcano. All rooms come with a flat-screen TV, and a bathroom with a hydromassage shower and phone. Guests can enjoy a buffet breakfast in the Emperador, which serves international à la carte cuisine for lunch and dinner. Set on the 5th floor, the Lava Bar offers **panaromic views** of Arenal Park.



Date In: 12 Feb 24

Date Out: 14 Feb 24

## Koora Monteverde Boutique Hotel & Spa

Junior Suite with Breakfast included

Koora Monteverde Boutique Hotel and Spa is located in the Aguti Reserve, where guests have the rare opportunity to see rare microclimates. This ecologically minded hotel has made concerted efforts to preserve plants like aguacatillo tree, which serves as an important food source for animals like the extremely rare resplendent quetzal. The lodge has an inviting bar and restaurant as well as room service. The dining room extends onto the lodge's deck and has a spectacular view. Breakfast is included in your stay, where you'll have your choice of traditional Costa Rican or an American breakfast, all cooked to order. You can access Wi-Fi throughout the lodge and have your laundry and dry cleaning taken off your hands.



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Date In: 18 Feb 24

Date Out: 19 Feb 24

## Sleep Inn Hotel Paseo Las Damas

Standard Room with Breakfast included

The Sleep Inn Hotel Paseo Las Damas Hotel, a **three stars** hotel, has an excellent location in **downtown San Jose**, only 20 minutes from the Juan Santamaria International Airport. Offering a **casino**, gym, and free WiFi zone, this hotel is situated opposite España Park and the Modern Art Museum. The **air-conditioned** rooms include a microwave, fridge and coffee maker. Toiletries are provided in the private bathroom. The hotel offers free private parking.



## EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance
- COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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