

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**:
Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



# **DETAILS OF YOUR TRIP**

Traveler Name	Simon Hooper X2
Arrival date	07 Feb 24
Departure date	20 Feb 24
Number of participants	2 adults
Quotation reference	BKFI103443

# **DESTINATIONS**

San Jose, The Capital		
Tortuguero National Park		
Puerto Viejo Beach		
Arenal Volcano		
Monteverde Cloud Forest		
Manuel Antonio Beach		





# **DETAILED ITINERARY**

Day 1, 07 Feb 24

Privat

Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



Sali Jose			
Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater**, **the National Museum**, **and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast include In: 07 Feb 2024 Out: 09 Feb 2024 (2 Nights)





## Day 2, 08 Feb 24



Irazu Volcano, Orosi Valley and Lankester Garden / Lunch included

A professional guide will meet you at the hotel. Today you will visit very fascinating places. It will begin with a visit to the **Irazu Volcano National Park** is located just a few kilometers from Cartago, and it is a relatively short and pleasant drive from your hotel in San Jose.

The trip begins by driving to the **breathtaking summit** of the Irazu Volcano, on the way you will encounter all types of vegetation, from potato, onion, cauliflower farming among other important products for the nacional economy, depending on the elevation. Once in the National Park a short and easy walk to the up to a spectacular massive crater which has a lagoon with a mystical green color. On a clear day from the top, you can see both the Atlantic and Pacific Oceans!

After an exciting tour of the volcano, we will descend to the **historical city of Cartago**. We will stop at the **Virgin of the Angels Basilica** – a famous peregrination site, some of which travel for days or even weeks on foot, in a pilgrimage of faith, to the site.

Next, after you visit the Basilica the next stop is the **Lankester Botanical Gardens**, a University of Costa Rica Center for the investigation that protects more than **800 species of orchids**, bromeliads and countless species of other plants.

Then as a final destination, you will visit the Orosi Valley. Here you will find one of the few remaining **colonial churches** and, in this town,, you will enjoy a tasty typical lunch at one of the local restaurants.





## Day 3, 09 Feb 24



Elevation 5 m / 16 f Temperature 26 C / 70 F

Tortuguero is located in the north Caribbean of Costa Rica. Tortuguero is one of the most remote places in Costa Rica and is only accessible by boat or plane.

This little village with strong **Afro-Caribbean roots** is best known for attracting hordes of sea turtles such as **Leatherback**, **Loggerhead**, **and Hawksbill turtles**. While peak turtle season is in July and August, the park and village have begun to attract travelers year-round. Tortuguero is great for families and adventure travelers to go on **jungle hikes**, do a **boat tour** in the canals of the National Park, or just relax at the lodge. The Canals of Tortuguero are known as Costa Rica's Amazon-like rainforest there are more of **800 species of wildlife**, especially many types of birds.



Aninga Lodge /3 Days Tortuguero, Standard Room / Full board In: 09 Feb 2024 Out: 11 Feb 2024



## 3 Days, Tortuguero Package

The best natural expedition awaits you today. Your expert guide will meet you early at the hotel. You will start traveling northeast to the Caribbean lowlands. You will stop for breakfast at a local restaurant in Guapiles town. After breakfast, you will continue to La Pavona dock, there you will board the special boat that will take you to the lodge immersed in the jungle.

This afternoon, you will have a **guided tour to the Village of Tortuguero** and walk around the town to learn about the relaxed way of life in the Caribbean. Your guide will explain to you how this village developed and why they changed their minds about **turtle conservation**.

Lunch and dinner are included at the hotel.



Day 4, 10 Feb 24

This morning, after breakfast, you have a **boat tour on the Tortuguero National Park** with the company of a local expert nature guide. The small boats go deep into the canals of the national park, further beyond where other boats can go. Due to the ability to explore further into the canals, you will have the opportunity to find rarer species of wildlife.

NOTE: The entrance fee to Tortuguero National Park is not included. It is \$15 USD per person.

This afternoon, your guide will take you to a private nature trail where you have an exploring **guided walk inside the jungle**. The walk is relaxed and slow pace as this is a flat trail. The rest of the day is at your leisure; you can relax at the **swimming pool**, take a cocktail admiring the river lagoon or spend the afternoon on the beach.

Lunch and dinner are included at the hotel.







## Day 5, 11 Feb 24

 $\overline{\phantom{a}}$ 

Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo



**Puerto Viejo Limon** 

Elevation	10 m / 32 f	Temperature	26 C / 70 F
Lievation	10 111 / 32 1	remperature	20 0 / 70 1

Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**.

With its relaxed atmosphere and its unique blend of **Latino**, **Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and **the Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



La Costa de Papito Hotel / Bungalow / Breakfast included In: 11 Feb 2024 Out: 13 Feb 2024 (2 Nights)







## Day 6, 12 Feb 24



Caribbean Cooking Class (Chicken or Vegetarian) / Lunch or dinner included

It is said that the best way to **understand a culture is through food**, so let's get cooking in beautiful Puerto Viejo, Costa Rica! You will learn **new culinary skills** that will leave you understanding the **healthy and fresh** ways that the native Afro Caribbean culture eats at home.

Learn some recipes you can take home with you, a taste of the **Caribbean**. Using fruits and veggies typical to Coastal Talamanca learn to cook patacones (fried plantains), breadfruit, rice and beans in coconut milk, fruit smoothies, chicken in Caribbean Sauce and more! There is also a vegetarian option.

NOTE: Transportation from your hotel is not included.





## Day 7, 13 Feb 24



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included

You will be picked up from your Puerto Viejo area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.







**Arenal Volcano** 

Elevation	258 m / 845 f	Temperature	28 C / 82 I
		, cp c. aca. c	

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers.** Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing waterfalls reward you after hikes, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. Rising above the rainforest that surrounds its base, Arenal Volcano frames the skyline with near-perfect symmetry.



Los Lagos Hotel Spa & Resort / Superior Room / Breakfast included In: 13 Feb 2024 Out: 15 Feb 2024 (2 Nights)







## Day 8, 14 Feb 24



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!





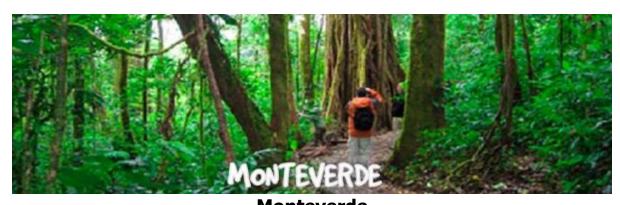
### Day 9, 15 Feb 24

 $\Box$ 

Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore. You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



Monteverde			
Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views** 

Monteverde Villa Lodge / Cabin / Breakfast included In: 15 Feb 2024 Out: 17 Feb 2024 (2 Nights)







# ķ

## El Trapiche Tour

You will learn more about the **production** of **coffee**, **chocolate** and **sugar cane candy**. During the tour, you will walk around a real Costa Rican farm. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to make your candy!







## Day 10, 16 Feb 24



Monteverde Cloud Forest Reserve, Guided Walking Tour

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.





# 於

### Canopy Tour (Zip Line)

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **10 cables, 1 rappel, 1 Tarzan swing and Holow tree climbing.** 







## Day 11, 17 Feb 24



Transfer to Manuel Antonio Beach with Tarcoles Safari Boat / Lunch included

This morning, you'll have a transfer to the Manuel Antonio area. On the way, you will have a **safari boat tour at Tarcoles River**. This is a great way to break up the long, 5-hour drive from **Monteverde to Manuel Antonio Beach** because you are bound to see a **multitude of wildlife** including the famous, huge, **20-ft American crocodiles** that inhabit the Carara Biological Reserve area of the Tarcoles River.

Keep your eyes peeled for a rare sighting of the **Scarlet Macaw** and over fifty other species of birds you can see there. Your guide will point out the often difficult-to-see wildlife along this **two-hour boat tour** of the Tarcoles River and into the **Guacalillo Mangrove Estuary**. A delicious lunch is included at the end of the boar tour.

From there you will continue your way to the amazing Manuel Antonio area.







Elevation 20 m / 65 f Temperature 28 C / 82 F

Manuel Antonio is home to a namesake national park full of unspoiled beaches and worldclass views. Enjoy adventures as diverse as snorkeling and jungle hikes. A great destination for families, there's something for everyone whether you have young children or college-bound teens. See a variety of Costa Rica's animals when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with some of the country's most inspired lodging options to choose from. Imagine the glittering, warm sand of a pristine beach; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



Gardens Espadilla Hotel / Standard Superior Room / Breakfast included **--**In: 17 Feb 2024 Out: 19 Feb 2024 (2 Nights)



## Day 12, 18 Feb 24



Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



## Day 13, 19 Feb 24



Shuttle Transfer from Manuel Antonio to San Jose

--

Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included In: 19 Feb 2024 Out: 20 Feb 2024 (1 Night)

## Day 14, 20 Feb 24



Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3** hours before the departure time.





# **PRICE**

Price per person \$ 2,906.50 Total Price \$ 5,813.00

#### **General Details of the Price**

Prices are per person and in U.S. dollars.

These rates apply for traveling from 07 Feb 24 to 20 Feb 24.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

# **INCLUSIONS**

#### LODGING:

- 2 nights lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)
- 2 nights lodging in Tortuguero National Park. Aninga Lodge. (Full board)
- 2 nights lodging in Puerto Viejo Beach. La Costa de Papito Hotel. (Breakfast included)
- 2 nights lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort. (Breakfast included)
- 2 nights lodging in Monteverde Cloud Forest. Monteverde Villa Lodge. (Breakfast included)
- 2 nights lodging in Manuel Antonio Beach. Gardens Espadilla Hotel. (Breakfast included)
- 1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)





#### TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Manuel Antonio to San Jose (1 to 4 Pax)

Private Transfer OUT from Hotel to Airport (Transport + Guide)

#### **ACTIVITIES & MEALS:**

Irazu Volcano, Orosi Valley and Lankester Garden (Lunch included) in San Jose, The Capital Caribbean Cooking Class (Chicken or Vegetarian) (Lunch or dinner included) in Puerto Viejo Beach

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in Puerto Viejo Beach

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

El Trapiche Tour in Monteverde Cloud Forest

Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest Canopy Tour (Zip Line) in Monteverde Cloud Forest

Transfer to Manuel Antonio Beach with Tarcoles Safari Boat (Lunch included) in Monteverde Cloud Forest

Manuel Antonio National Park Guided Walk in Manuel Antonio Beach

#### OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.







# LODGING DETAILS

Date In: 07 Feb 24 Date Out: 09 Feb 24

## **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 09 Feb 24 Date Out: 11 Feb 24

## **Aninga Lodge**

3 Days Tortuguero, Standard Room with Full board

A neat place to stay in a **truly exotic location**, Aninga Lodge offers private cabins connected by raised walkways. Keep a lookout for **birds**, **mammals**, **and other animals** while you stay and explore here—Tortuguero is absolutely teeming with wildlife.

The anhinga is a long, lanky waterbird, just one over 300 bird species living or passing through the area. Aninga Lodge takes the **Spanish name for this bird**, and rightly so: the hotel stands up out of the water in a similar fashion. Just a few minutes away from **Tortuguero National Park** and across the main canal from town, it offers rooms **connected by wooden walkways and surrounded by trees and other plants.** The cabins and walkways are boosted off the ground to keep above wet soil and the many, many animals that call this forest home.





Date In: 11 Feb 24 Date Out: 13 Feb 24

## La Costa de Papito Hotel

Bungalow with Breakfast included

**La Costa de Papito Hotel** is a lush tropical Garden of Eden one and a half kilometers to the southeast of **Puerto Viejo** on the South Caribbean coast

The private tropical-style bungalows each have distinctive characters, and feature comfortable hand-crafted wood furniture and patios for relaxation surrounded by tropical garden. The "Que Rico Papito" restaurant is open for breakfast, lunch and dinner, and serves seafood and international-style cuisine. There is also a fully stocked bar



Date In: 13 Feb 24 Date Out: 15 Feb 24

## Los Lagos Hotel Spa & Resort

Superior Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**.

The rooms of the **Hotel Los Lagos Spa & Resort** are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**.

The hotel offers many activities onsite, from canopy tours, to visits to **frog**, **butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.





Date In: 15 Feb 24 Date Out: 17 Feb 24

## **Monteverde Villa Lodge**

Cabin with Breakfast included

Monteverde Villa Lodge nestled in the heart of Santa Elena Monteverde steps away from adventure tours, banks, restaurants, and the **Monteverde Cloud Forest Reserve**. This hotel is perfect for **families** looking for **local experiences**, and **nature-lover travelers**. This is a small hotel, run by a local rural family.



Date In: 17 Feb 24 Date Out: 19 Feb 24

## **Gardens Espadilla Hotel**

Standard Superior Room with Breakfast included

Just a 1-minute walk from Playa Espadilla Beach in Quepos, **Espadilla Gardens Hotel** features an outdoor swimming pool, free breakfast and a tour desk.

The Hotel also has tennis courts. Each air-conditioned room at this property features a cable TV and a private bathroom with a shower and toilet. The deluxe junior suite features a large spa bath. The property serves dinner on request, and guests will find other dining options within 3 km of Hotel Playa Espadilla.







Date In: 19 Feb 24 Date Out: 20 Feb 24

## **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



## **EXCLUSIONS**

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

# **TERMS & CONDITIONS**

You can read all our term and conditions at our official website: <a href="https://www.greenworldadventures.com/terms/">https://www.greenworldadventures.com/terms/</a>



