



Costa Rica

Traveler: Mareike Meyer X1

Date In: 11 Sep 23
Date Out: 23 Sep 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Mareike Meyer X1
Arrival date	11 Sep 23
Departure date	23 Sep 23
Number of participants	1 adult
Quotation reference	BKFI103586

DESTINATIONS

San Jose, The Capital
Tortuguero National Park
Arenal Volcano
Manuel Antonio Beach
Monteverde Cloud Forest



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DETAILED ITINERARY

Day 1, 11 Sep 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.




San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 San Jose Autentico Hotel / Standard Room / Breakfast included
In: 11 Sep 2023 Out: 12 Sep 2023 (1 Night)

Day 2, 12 Sep 23



Tortuguero

Elevation	5 m / 16 f	Temperature	26 C / 70 F
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Tortuguero is located in the north Caribbean of Costa Rica. Tortuguero is one of the most remote places in Costa Rica and is only accessible by boat or plane. This little village with strong **Afro-Caribbean roots** is best known for attracting hordes of sea turtles such as **Leatherback, Loggerhead, and Hawksbill turtles**. While peak turtle season is in July and August, the park and village have begun to attract travelers year-round. Tortuguero is great for families and adventure travelers to go on **jungle hikes**, do a **boat tour** in the canals of the National Park, or just relax at the lodge. The Canals of Tortuguero are known as Costa Rica's Amazon-like rainforest there are more of **800 species of wildlife**, especially many types of birds.



🏠 Laguna Lodge /3 Days Tortuguero, Standard Room (In boat/Out boat) - LL2BB / Full board
In: 12 Sep 2023 Out: 14 Sep 2023

3 Days, Tortuguero Package

The best natural expedition awaits you today. Your expert guide will meet you early at the hotel. You will start traveling northeast to the Caribbean lowlands. You will stop for breakfast at a local restaurant in Guapiles town. After breakfast, you will continue to La Pavona dock, there you will board the special boat that will take you to the lodge immersed in the jungle.

This afternoon, you will have a **guided tour to the Village of Tortuguero** and walk around the town to learn about the relaxed way of life in the Caribbean. Your guide will explain to you how this village developed and why they changed their minds about **turtle conservation**.

Lunch and dinner are included at the hotel.



Day 3, 13 Sep 23

This morning, after breakfast, you have a **boat tour on the Tortuguero National Park** with the company of a local expert nature guide. The small boats go deep into the canals of the national park, further beyond where other boats can go. Due to the ability to explore further into the canals, you will have the opportunity to find rarer species of wildlife.

NOTE: The entrance fee to Tortuguero National Park is not included. It is \$15 USD per person.

This afternoon, your guide will take you to a private nature trail where you have an exploring **guided walk inside the jungle**. The walk is relaxed and slow pace as this is a flat trail. The rest of the day is at your leisure; you can relax at the **swimming pool**, take a cocktail admiring the river lagoon or spend the afternoon on the beach.

Lunch and dinner are included at the hotel.



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Day 4, 14 Sep 23

 Shuttle Transfer from Guapiles & Siquirres to Arenal




Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



 Los Lagos Hotel Spa & Resort / Standard Room / Breakfast included
In: 14 Sep 2023 Out: 16 Sep 2023 (2 Nights)

Day 5, 15 Sep 23



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains.**

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park.** The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk.** Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall.** When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall.** This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



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Day 6, 16 Sep 23

 Shuttle Transfer from Arenal to Manuel Antonio Beach



Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list. Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



 Hotel Playa Espadilla / Premium Room / Breakfast included
In: 16 Sep 2023 Out: 21 Sep 2023 (5 Nights)

Day 7, 17 Sep 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 8, 18 Sep 23



Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



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Day 9, 19 Sep 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 10, 20 Sep 23



Sea Kayak & Snorkel / Lunch included

Whether you are an individual, a group, or an adventurous family, this challenging yet gratifying **ocean paddling** adventure is just what you are looking for. Indulge yourselves at a rare jewel of a beach for a **refreshing swim** and delicious local snacks. Allow your bilingual naturalist guide to direct you to **the best snorkeling** spots as you experience three actively astounding **coral reef systems** nestled very close to the shore of **Biezans Bay**. After an unforgettable experience at Biezans, continue paddling, if you choose to do so, towards Manuel Antonio National Park and admire the nearby nesting islands. And finally, end your adventure with **lunch** near the beach at a local restaurant.



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Day 11, 21 Sep 23


 Shuttle Transfer from Manuel Antonio to Monteverde



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**.

 Monteverde Country Lodge / Standard Room / Breakfast included
In: 21 Sep 2023 Out: 23 Sep 2023 (2 Nights)

Day 12, 22 Sep 23



Monteverde Cloud Forest Reserve, Guided Walking Tour

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



Day 13, 23 Sep 23



Shuttle Transfer from Monteverde to Tamarindo



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PRICE

Total Price \$ 3,618.00

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 11 Sep 23 to 23 Sep 23.

Valid quotation for 1 adult. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

INCLUSIONS

LODGING:

1 night lodging in San Jose, The Capital. San Jose Autentico Hotel. (Breakfast included)

2 nights lodging in Tortuguero National Park. Laguna Lodge. (Full board)

2 nights lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort. (Breakfast included)

5 nights lodging in Manuel Antonio Beach. Hotel Playa Espadilla. (Breakfast included)

2 nights lodging in Monteverde Cloud Forest. Monteverde Country Lodge. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel

Shuttle Transfer from Guapiles & Siquirres to Arenal

Shuttle Transfer from Arenal to Manuel Antonio Beach

Shuttle Transfer from Manuel Antonio to Monteverde

Shuttle Transfer from Monteverde to Tamarindo, Conchal, Flam

ACTIVITIES & MEALS:

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

Manuel Antonio National Park Guided Walk in Manuel Antonio Beach

Sea Kayak & Snorkel (Lunch included) in Manuel Antonio Beach

Guided Walking Tour in Monteverde Cloud Forest

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

Date In: 11 Sep 23

Date Out: 12 Sep 23

San Jose Autentico Hotel

Standard Room with Breakfast included

Autentico Hotel is located in **San Jose downtown**, 25 minutes away from the Juan Santamaria International Airport. It has a beautiful **outdoor pool** and a **restaurant**. The elegant and simple rooms here will provide you with air conditioning and cable TV. A coffee machine is also available. Featuring a shower, the private bathroom also comes with a hairdryer and free toiletries.

Other facilities offered at the property include meeting facilities, luggage storage, and laundry facilities. The property offers **free parking**.



Date In: 12 Sep 23

Date Out: 14 Sep 23

Laguna Lodge

3 Days Tortuguero, Standard Room (In boat/Out boat) - LL2BB with Full board

Laguna Lodge is an **eco-touristic lodge**, located in Tortuguero in the northern Caribbean of Costa Rica. The area has amazing rivers, lakes, and wetlands that shelter a **lush jungle** of primary forests and exotic plants. The lodge is built on a narrow strip of land, 650 feet wide, between Tortuguero's main lagoon and the **Caribbean Sea**. Its rooms, reception, restaurant, bar, and **swimming pools** are distributed amidst six acres of **wonderful gardens** with **amazing views of the lagoon** and **direct access to the beach**.



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Date In: 14 Sep 23

Date Out: 16 Sep 23

Los Lagos Hotel Spa & Resort

Standard Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**.

The rooms of the **Hotel Los Lagos Spa & Resort** are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**.

The hotel offers many activities onsite, from canopy tours, to visits to **frog, butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.



Date In: 16 Sep 23

Date Out: 21 Sep 23

Hotel Playa Espadilla

Premium Room with Breakfast included

Just a 1-minute walk from **Espadilla Beach** in Quepos, this hotel features an **outdoor swimming pool** and a tour desk. Hotel Playa Espadilla also has **tennis courts**. Each **air-conditioned** room at this property features a cable TV and a private bathroom with a shower and toilet. Manuel Antonio Park is just 200 meters from the property.



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Date In: 21 Sep 23

Date Out: 23 Sep 23

Monteverde Country Lodge

Standard Room with Breakfast included

Located in Monteverde, Costa Rica, close to **the cloud forest** of Monteverde, this **eco-friendly hotel** offers **rustic-style rooms** with free Wi-Fi and views of the **tropical gardens**. Rooms at Monteverde Country Lodge are set in **charming wooden cabins**, with access to a **shared porch**. Each room includes cable TV, a coffee maker, a safe and a bathroom with free toiletries. The on-site restaurant serves fusion cuisine and typical Costa Rican dishes, made with local ingredients. Snacks and drinks are available from the bar.



EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance
- COVID-19 test
- Entrance to Tortuguero National Park is not included

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



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