



Costa Rica

Traveler: Paul Dougherty x3

Date In: 23 Dec 24

Date Out: 04 Jan 25

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Paul Dougherty x3
Arrival date	23 Dec 24
Departure date	04 Jan 25
Number of participants	3 adults

DESTINATIONS

San Jose, The Capital
Tortuguero National Park
Puerto Viejo Beach
Arenal Volcano
Monteverde Cloud Forest
Manuel Antonio Beach



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DETAILED ITINERARY

Day 1, 23 Dec 24

 Private Transfer IN from Airport to Hotel in SJO

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Park Inn by Radisson San Jose Hotel / Standard Room/ Breakfast included
In: 23 Dec 2024 Out: 24 Dec 2024 (1 Night)

Day 2, 24 Dec 24



Tortuguero

Elevation	5 m / 16 f	Temperature	26 C / 70 F
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Tortuguero is located in the north Caribbean of Costa Rica. Tortuguero is one of the most remote places in Costa Rica and is only accessible by boat or plane.

This little village with strong **Afro-Caribbean roots** is best known for attracting hordes of sea turtles such as **Leatherback, Loggerhead, and Hawksbill turtles**. While peak turtle season is in July and August, the park and village have begun to attract travelers year-round. Tortuguero is great for families and adventure travelers to go on **jungle hikes**, do a **boat tour** in the canals of the National Park, or just relax at the lodge. The Canals of Tortuguero are known as Costa Rica's Amazon-like rainforest there are more of **800 species of wildlife**, especially many types of birds.



🏠 Pachira Lodge / Standard Room / 3 Days Tortuguero, Standard Room / Full board
In: 24 Dec 2024 Out: 26 Dec 2024

3 Days, Tortuguero Package

The best natural expedition awaits you today. Your expert guide will meet you early at the hotel. You will start traveling northeast to the Caribbean lowlands. You will stop for breakfast at a local restaurant in Guapiles town. After breakfast, you will continue to La Pavona dock, there you will board the special boat that will take you to the lodge immersed in the jungle.

This afternoon, you will have a **guided tour to the Village of Tortuguero** and walk around the town to learn about the relaxed way of life in the Caribbean. Your guide will explain to you how this village developed and why they changed their minds about **turtle conservation**.

Lunch and dinner are included at the hotel.



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Day 3, 25 Dec 24

This morning, after breakfast, you have a **boat tour on the Tortuguero National Park** with the company of a local expert nature guide. The small boats go deep into the canals of the national park, further beyond where other boats can go. Due to the ability to explore further into the canals, you will have the opportunity to find rarer species of wildlife.

NOTE: The entrance fee to Tortuguero National Park is not included. It is \$15 USD per person.

This afternoon, your guide will take you to a private nature trail where you have an exploring **guided walk inside the jungle**. The walk is relaxed and slow pace as this is a flat trail. The rest of the day is at your leisure; you can relax at the **swimming pool**, take a cocktail admiring the river lagoon or spend the afternoon on the beach.

Lunch and dinner are included at the hotel.



Day 4, 26 Dec 24

Today after breakfast, the guide will meet you at the main dock of the hotel to return by boat to Pavona's dock; from there continue with land transportation to Guapiles town where you will have another **delicious Caribbean lunch**. After the meal, a representative will pick you up to take you to the next destination of this journey

Day 4, 26 Dec 24

 Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo Service



Puerto Viejo Limon

Elevation	10 m / 32 f	Temperature	26 C / 70 F
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Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**.

With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



🏠 Villas del Caribe / Superior Room / Breakfast included
In: 26 Dec 2024 Out: 28 Dec 2024 (2 Nights)



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Day 5, 27 Dec 24



Caribbean Cooking Class (Chicken or Vegetarian) / Lunch or dinner included

It is said that the best way to **understand a culture is through food**, so let's get cooking in beautiful Puerto Viejo, Costa Rica! You will learn **new culinary skills** that will leave you understanding the **healthy and fresh** ways that the native Afro Caribbean culture eats at home.

Learn some recipes you can take home with you, a taste of the **Caribbean**. Using fruits and veggies typical to Coastal Talamanca learn to cook patacones (fried plantains), breadfruit, rice and beans in coconut milk, fruit smoothies, chicken in Caribbean Sauce and more! There is also a vegetarian option.

NOTE: Transportation from your hotel is not included.



Day 6, 28 Dec 24



Private Transfer from Puerto Viejo to Arenal



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Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Los Lagos Hotel Spa & Resort / Standard Room / Breakfast included
 In: 28 Dec 2024 Out: 30 Dec 2024 (2 Nights)



Arenal Volcano Walking Tour

The trails in **Arenal National Park** and other nearby **Arenal Reserves** are generally flat and not very strenuous, perfect for a leisurely and informative guided walk with a professional nature guide. You will hike through well-groomed, **easy trails** that skirt the base of the Arenal Volcano and Lake Arenal Area. This part of the Arenal Volcano had sections that were devastated by **the lava flow of 1968**, so some areas have very little vegetation.

This guided walk provides **perfect photo opportunities** and **magnificent views** of the impressive Arenal Volcano, the pristine Lake Arenal and the extinct volcano Cerro Chato. There are parts of each trail that has forested areas where your nature guide will try to spot **birds, monkeys and other animals** in their natural habitat.



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Day 7, 29 Dec 24



Whitewater Rafting at Balsa River, Class 2-3 / Lunch included

Whitewater rafting at Balsa River is great to add to your whitewater rafting vacation and is the perfect rafting tour for **first-timers, nature lovers, outdoor enthusiasts**, and people who are simply looking for **a fun rafting adventure!** It is known as one of the top family rafting trips in Costa Rica as it is a beautiful river for **families with children.**

The professional rafting guide will get you ready to challenge yourself as you paddle down **10 kilometers of fun, rolling rapids!** You will combine exciting rapids with the chance to admire lush greenery, exotic birds, and animals as you descend this beautiful **class 2-3 river.**

Enjoy a traditional Costa Rican **lunch** at the end of this tour.



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Sloth Tour

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas**, and more.



Day 8, 30 Dec 24



Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



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Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



🏠 Calathea Lodge/ Apartment Room / Breakfast included
 In: 30 Dec 2024 Out: 01 Jan 2025 (2 Nights)



El Trapiche Tour

You will learn more about the **production** of **coffee**, **chocolate** and **sugar cane candy**. During the tour, you will walk around a real Costa Rican **farm**. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to **make your candy!**



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Day 9, 31 Dec 24



Monteverde Cloud Forest Reserve, Guided Walking Tour

The **Monteverde Cloud Forest Reserve** is the **largest** of these private **protected areas**, with over 25,730 acres (10,415 hectares) of land. More than 500 species of **orchids** cling to the limbs of enormous **trees**, while **vines, ferns, mosses** and **lichens** fill every other available space.

The Cloud Forest of Monteverde house more than 130 species of **mammals**, 400 species of **birds**, including the beautiful **quetzal**, 30 species of **hummingbirds**, 5000 species of **moths** and 3000 species of **plants**.

It is a **nature lover's paradise**.



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Canopy Tour (Zip Line)

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **10 cables, 1 rappel, 1 Tarzan swing and Holow tree climbing.**



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Day 10, 01 Jan 25



Transfer to Manuel Antonio Beach with Tarcoles Safari Boat / Lunch included

This morning, you'll have a transfer to the Manuel Antonio area. On the way, you will have a **safari boat tour at Tarcoles River**. This is a great way to break up the long, 5-hour drive from **Monteverde to Manuel Antonio Beach** because you are bound to see a **multitude of wildlife** including the famous, huge, **20-ft American crocodiles** that inhabit the Carara Biological Reserve area of the Tarcoles River.

Keep your eyes peeled for a rare sighting of the **Scarlet Macaw** and over fifty other species of birds you can see there. Your guide will point out the often difficult-to-see wildlife along this **two-hour boat tour** of the Tarcoles River and into the **Guacalillo Mangrove Estuary**. A delicious lunch is included at the end of the boat tour.

From there you will continue your way to the amazing Manuel Antonio area.



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Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



🏠 Hotel Costa Verde / Studio Family Room / Breakfast included
 In: 01 Jan 2025 Out: 03 Jan 2025 (2 Nights)

Day 11, 02 Jan 25



Manuel Antonio National Nature Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



Day 12, 03 Jan 25



Shuttle Transfer from Manuel Antonio to San Jose



Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included

In: 03 Jan 2025 Out: 04 Jan 2025 (1 Night)

Day 13, 04 Jan 25



Private Transfer OUT from Hotel in SJO to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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INCLUSIONS

LODGING:

- 1 night lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel. (Breakfast included)
- 1 night lodging in Tortuguero National Park. Pachira Lodge. (Full board)
- 2 nights lodging in Puerto Viejo Beach. Villas del Caribe. (Breakfast included)
- 2 nights lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort. (Breakfast included)
- 2 nights lodging in Monteverde Cloud Forest. Calathea Lodge. (Breakfast included)
- 2 nights lodging in Manuel Antonio Beach. Hotel Costa Verde. (Breakfast included)
- 1 night lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

- Private Transfer IN from Airport to Hotel in SJO
- Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo
- Private Transfer from Puerto Viejo to Arenal
- AM Shared Transfer from Arenal to Monteverde, Lake Crossing
- Shuttle Transfer from Manuel Antonio to San Jose
- Private Transfer OUT from Hotel in SJO to Airport

ACTIVITIES & MEALS:

- Caribbean Cooking Class (Chicken or Vegetarian) (Lunch or dinner included) in Puerto Viejo Beach
- Arenal Volcano Walking Tour in Arenal Volcano
- Whitewater Rafting at Balsa River, Class 2-3 (Lunch included) in Arenal Volcano
- Sloth Tour in Arenal Volcano
- El Trapiche Tour in Monteverde Cloud Forest
- Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest
- Canopy Tour (Zip Line) in Monteverde Cloud Forest
- Transfer to Manuel Antonio Beach with Tarcoles Safari Boat (Lunch included) in Monteverde Cloud Forest
- Manuel Antonio National Nature Walk in Manuel Antonio Beach

OTHER:

- VAT
- 24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

Date In: 23 Dec 24

Date Out: 24 Dec 24

Park Inn by Radisson San Jose Hotel

Standard Room with Breakfast included

The rooms at **Park Inn** San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV.

The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



Date In: 24 Dec 24

Date Out: 26 Dec 24

Pachira Lodge

3 Days Tortuguero, Standard Room with Full board

The **Pachira Lodge** is strategically located in front of the **main lagoon**, just 5 minutes by boat from the **National Tortuguero Park** and 3 minutes from the **picturesque town** by the same name. **Comfortable rooms** with private bathroom, hot water and ceiling fans. Available with one King or two double full size beds and **complete meals** during your stay.



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Date In: 26 Dec 24

Date Out: 28 Dec 24

Banana Azul Hotel

Ocean Room with Breakfast included

Offering an outdoor **swimming pool** and an **extensive garden**, Hotel Banana Azul is located in Playa Negra beach and 2.5 km from Puerto Viejo town center. **Free WiFi** access is available in all areas.

The rooms come with outdoor seating area and a fan. The private bathrooms have shower. Guests can enjoy in the on-site restaurant **local food** and international dishes. Other options can be found in Puerto Viejo town centre.

At Hotel Banana Azul you will find a **terrace** and a **bar**. Other facilities offered at the property include a tour desk and luggage storage.



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Date In: 28 Dec 24

Date Out: 30 Dec 24

Los Lagos Hotel Spa & Resort

Standard Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**.

The rooms of the **Hotel Los Lagos Spa & Resort** are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**.

The hotel offers many activities onsite, from canopy tours, to visits to **frog, butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.



Date In: 30 Dec 24

Date Out: 01 Jan 25

Monteverde Country Lodge

Superior Room with Breakfast included

Located in Monteverde, Costa Rica, close to the **cloudforest of Monteverde**, this eco-friendly hotel offers rooms with **free Wi-Fi** and views of the **tropical gardens**.

Rooms at Monteverde Country Lodge are set in **wooden cabins**, with access to a shared porch. Each room includes cable TV, a coffee maker, a safe and a bathroom with free toiletries.

The on-site restaurant serves **fusion cuisine and typical Costa Rican dishes** with local ingredients. Snacks and drinks are available from the bar.



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Date In: 01 Jan 25

Date Out: 03 Jan 25

Hotel Costa Verde

Efficiency Room with Breakfast included

On a coastal rainforest bluff nestled between **Manuel Antonio National Park** and **incredible views** of the **Pacific Ocean** that will take your breath away, **Hotel Costa Verde is a vacation adventure, a tropical wedding or honeymoon** and a hotel experience like none you have ever imagined.

Each **air-conditioned room** at Hotel Costa Verde will provide you with a TV, a balcony and a full kitchen with a refrigerator and kitchenware. Featuring a shower, the **private bathroom** also comes with a bath and a hairdryer.

At Hotel Costa Verde you will find a **restaurant**, meeting facilities, and tour desk



Date In: 03 Jan 25

Date Out: 04 Jan 25

Park Inn by Radisson San Jose Hotel

Standard Room with Breakfast included

The rooms at **Park Inn** San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV.

The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



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EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



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